Living Assessment Rubric

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Student: | 1 | 2 | 3 | 4 | 5 |
| **Cooking Skills** | Can make a sandwich. | Can use the microwave to heat up a meal. | Can cook a simple meal on the stove top or in the microwave. | Knows how to cook a meal but is not expected to cook for self. | Has cooked a well balanced meal for him/herself and others |
| **Laundry Skills** | Knows that cloths need to be clean in order to wear them. | Can use a washer and dryer with verbal instruction | Can use a washer and dryer using written instruction | Knows how to do laundry but is not expected to do laundry for self | Independently does own laundry |
| **Self-Care Skills**  For example:   * Showering * Teeth brushing * Taking own medicine * Hair care * First aid | Knows the importance of self-care skills | With reminders is able to complete self-care skills | Completes all self-help skills but needs help with taking medications | Completes all self-care skills including medication but relies on someone to make Dr. appointments etc. | Completes all self-care/hygiene skills independently. |
| **Budgeting Skills** | Understands the meaning of money | Can spend money using the correct amount of money with verbal instruction | Can use a calulator to add and subtract numbers | Doesn’t have a checkbook but knows how to use cash to purchase items. | Has a checkbook and knows how to manage it independently |
| **Transportation Skills** | Relies on others for transportation |  | Is willing to walk or bike to where they need to go. | Will not have driver’s licenses but is aware of other sources to get around | Has a drivers licenses and can get to where they need to go |